

## When you're a world traveler, 24/7 access to quality medical care isn't optional—it's a necessity.

And as a DreamTrips™ Member, it's yours. DreamTrips provides access to Teladoc™, a faster way to wellness, no matter where you are. Teladoc is a national health network made up of U.S. board-certified, state-licensed doctors who use online health records and phone and online video consultations to diagnose, treat and write short-term, non-DEA-controlled prescriptions for members. Consultations are free, and doctors are available all day and night, every day. So if you're coming down with something or need a prescription, whether at home or on a DreamTrip, Teladoc is always available to provide superior care and peace of mind.\*

### TELADOC BOASTS:

- 97% member satisfaction
- 91% medical resolution
- 97% physician satisfaction
- Secure, personal and portable electronic health records
- 12-minute average consultation time
- Average physician response time of 22 minutes
- Guaranteed physician response within three hours
- Average of 91% requests resolved (Remaining requests are referred to the member's primary care physician, a specialist or the emergency room, unless the member is seeking a prescription that is outside Teladoc's scope of service.)
- Pediatric network
- No age restrictions

### CALL TELADOC:

- When your doctor isn't available
- After hours
- For non-emergency care
- On a vacation or business trip

### USE TELADOC FOR NON-EMERGENCY MEDICAL ISSUES:

- Cold or flu
- Sinus infection
- Allergies
- Respiratory infections
- Bronchitis
- Pink eye
- Urinary tract infections
- Poison ivy

# HOW TO ACCESS:

## Customer Service:

Call 1-800-TELADOC (1-800-835-2362) and a representative will record your medical history over the telephone.

1. Visit [www.teladoc.com](http://www.teladoc.com) to set up your account. If you don't have computer access, call 1-800-TELADOC (1-800-835-2362).
2. Go to "Set Up Account" and enter the required information. A drop-down window asks if you were given a username; click "No," then "Continue."
3. Next, select "No, I don't know my username" and when the drop-down menu appears, click "I have a Teladoc promo code". Enter "WORLDVENTURES" into the promo code field. Then click "Continue".
4. Fill out all required fields on the Account Set-Up page. Under Login Information, you may keep your generated username/member ID, or you may change it now.
5. After you read the Terms and Conditions and Privacy Policy, enter your eSignature and click "Submit".
6. Review your membership and pricing, then click "Complete".
7. Complete your Medical History Disclosure (MHD) under the Health Records section prior to requesting a consult.  
**Online:** Log in to your Teladoc account and click "Health Records," located in the top bar.
8. Your account setup is now complete. You can request a consult at any time by clicking the "Request a Consult" link online or by calling 1-800-835-2362.

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**Disclosure: THIS PLAN IS NOT INSURANCE and is not intended to replace insurance.** This plan is not a Qualified Health Plan under the Affordable Care Act. The plan provides discounts at certain health care providers for medical services. The plan does not make payments directly to the providers of medical services. Plan members are obligated to pay for all health care services, but will receive a discount from those health care providers who have contracted with the discount medical plan organization. Discount Medical Plan Organization and administrator: Careington International Corporation, 7400 Gaylord Parkway, Frisco, TX 75034.

